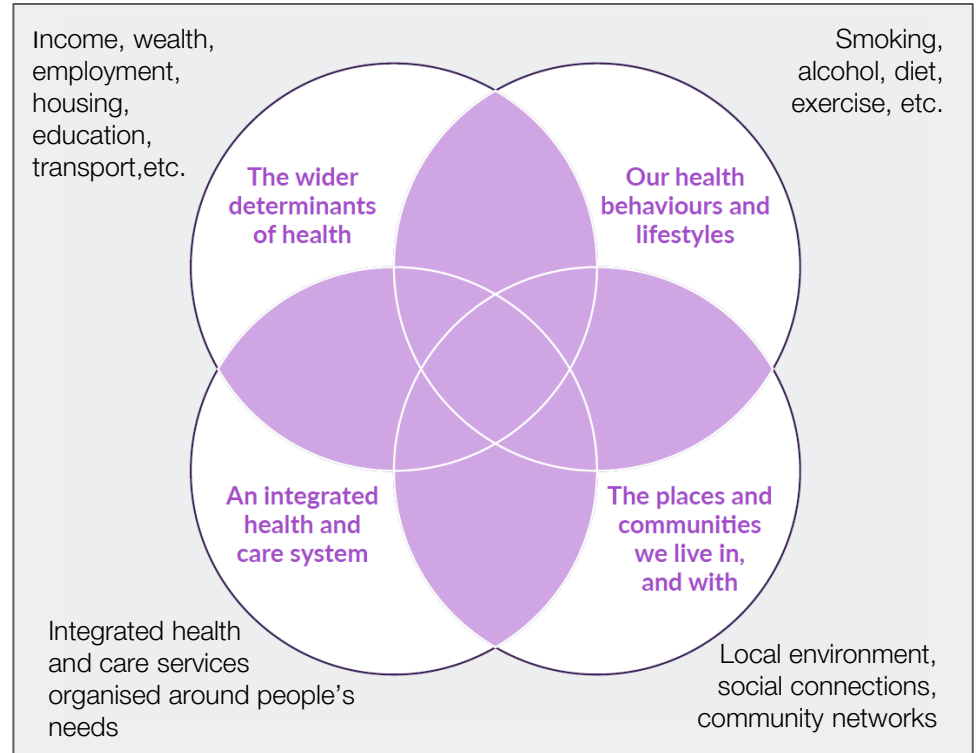# City & Hackney
Population Health Hub

Joia de Sa
Anna Garner

17 May 2023

What do we mean by population health?

Population health is described by the King's Fund as ...

"...an approach that aims to improve physical and mental health outcomes, promote wellbeing and reduce health inequalities across an entire population. Improving population health and reducing health inequalities requires action across all 'four pillars'* of a population health system."

*This figure represents the four pillars as indicated in the four circles. Source: King's Fund

Income, wealth, employment, housing, education, transport,etc.

Smoking, alcohol, diet, exercise, etc.

The wider determinants of health

Our health behaviours and lifestyles

An integrated health and care system

The places and communities we live in, and with

Integrated health and care services organised around people's needs

Local environment, social connections, community networks

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Population Health Hub

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What is the Population Health Hub?

The Population Health Hub (PHH) is a **shared, system resource** which aims to support the City & Hackney Place based Partnership (PbP) and wider system partners to reduce health inequalities and improve the health of our population.

We support the City and Hackney Place Based Partnership (PbP) vision:

"Working together with our residents to improve health and care, address health inequalities and make City and Hackney thrive"
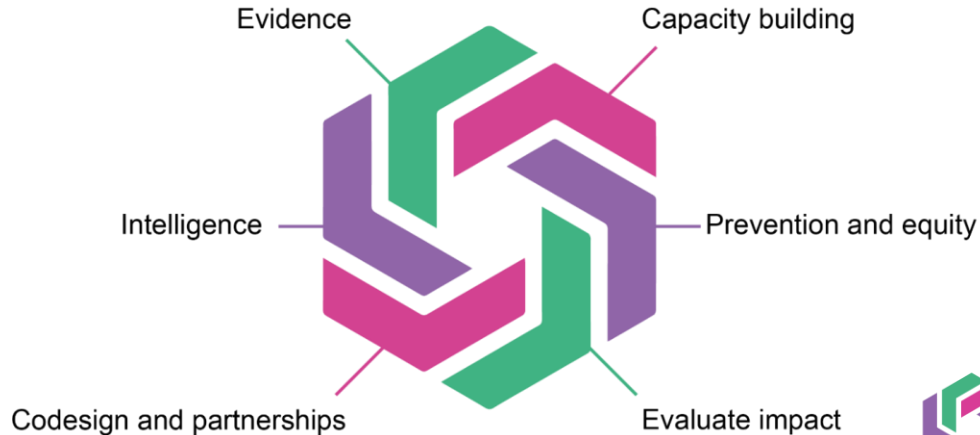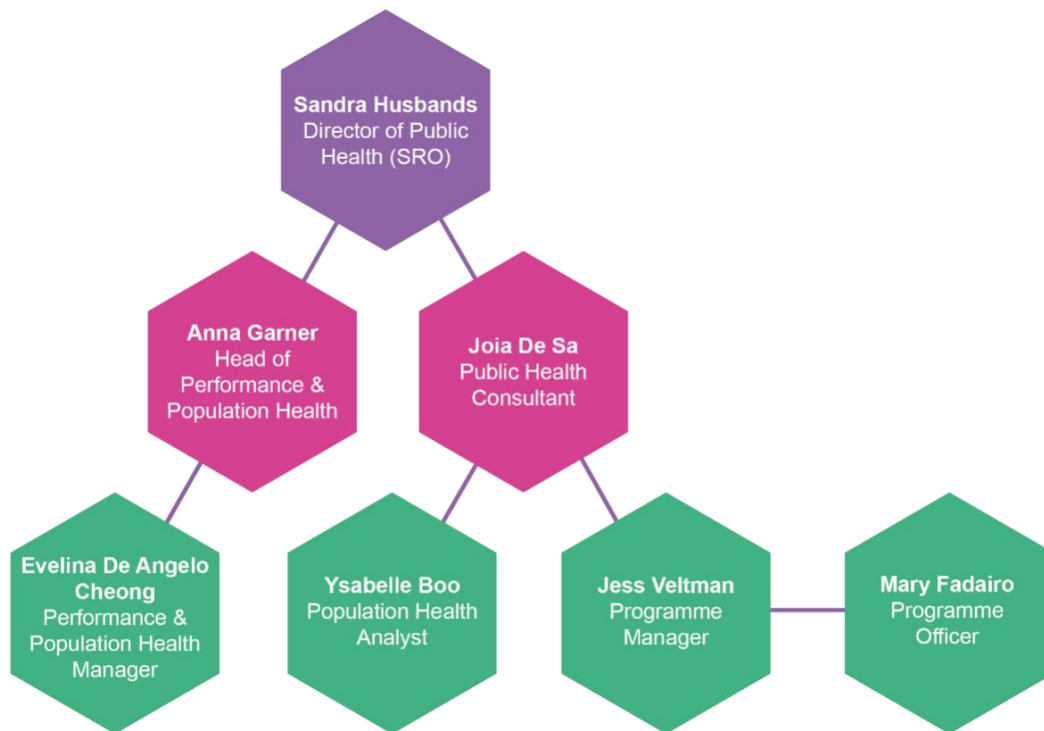
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Population Health Hub

Who's in our team?

Sandra Husbands
Director of Public Health (SRO)

Anna Garner
Head of Performance & Population Health

Joia De Sa
Public Health Consultant

Evelina De Angelo Cheong
Performance & Population Health Manager

Ysabelle Boo
Population Health Analyst

Jess Veltman
Programme Manager
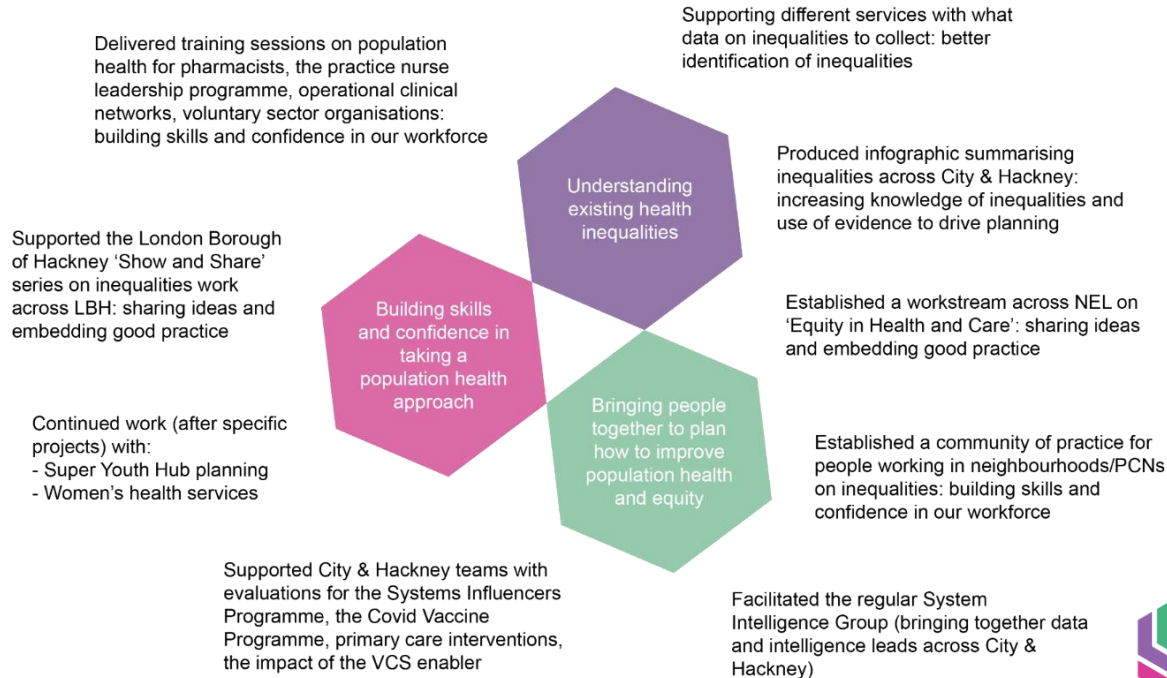
Mary Fadairo
Programme Officer

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Population Health Hub

Some examples of our projects

We have supported the City and Hackney system and built capacity and capability around improving population health

Delivered training sessions on population health for pharmacists, the practice nurse leadership programme, operational clinical networks, voluntary sector organisations: building skills and confidence in our workforce

Supporting different services with what data on inequalities to collect: better identification of inequalities

Supported the London Borough of Hackney 'Show and Share' series on inequalities work across LBH: sharing ideas and embedding good practice

Produced infographic summarising inequalities across City & Hackney: increasing knowledge of inequalities and use of evidence to drive planning

Understanding existing health inequalities

Building skills and confidence in taking a population health approach

Established a workstream across NEL on 'Equity in Health and Care': sharing ideas and embedding good practice

Continued work (after specific projects) with:
- Super Youth Hub planning
- Women's health services

Bringing people together to plan how to improve population health and equity

Established a community of practice for people working in neighbourhoods/PCNs on inequalities: building skills and confidence in our workforce

Supported City & Hackney teams with evaluations for the Systems Influencers Programme, the Covid Vaccine Programme, primary care interventions, the impact of the VCS enabler

Facilitated the regular System Intelligence Group (bringing together data and intelligence leads across City & Hackney)

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Making health inequalities everyone's business

OBJECTIVES

1. Identify barriers and enablers in implementing the use of existing health equity tools.

2. Identify which tools can support and enable system partners across City and Hackney to consider and assess health equity relevant to their work areas, and practical action they can take in response.

3. Provide definitions of inequalities to support teams/organisations to articulate their roles, responsibilities and opportunities for them to tackle inequalities.

Draft resource pack piloted with the following health, care and wider service teams:

- City of London Libraries Service
- London Borough of Hackney Senior Managers Network
- ELFT VCSE Network
- NEL Critical Care Operational Network

NEXT STEPS

'How to' Guide

Deliver training and ongoing support

Expand use across system

Align and share learning

RESOURCE PACK

Information on drivers of inequality and population health

Prompts to consider how to start to understand inequalities for teams in their work area

Examples of tools which might support identifying and tackling inequalities

Prompts to support individuals, teams, and organisations to identify practical actions to take

What did we do?
City and Hackney Health Inequalities Steering Group identified the need to collate tools and resources to support different teams/organisations to better consider health equity as one of the ten priorities of the steering group. City and Hackney Population Health Hub produced a toolkit, coproduced with pilot sites. The toolkit has also been used to support other teams e.g. the practice nurse leadership programme.

What was the added value of the Hub?
This project benefitted from a system wide perspective and thus the Hub was able to support colleagues across organisations to feed into this project, and ensure that the outputs are relevant to different organisations. The Hub also provided additional capacity to take forward the development and piloting of the toolkit.

What was the impact of the project?
Use of and findings from the development of the toolkit will be built into the MATCH project (next slide) to collate a package of support on embedding health equity

Outputs: completed
1. Production of a toolkit (initial draft) to support teams, organisations, networks, systems
2. Support pilot sites with this: City of London libraries services, Hackney HWB, ELFT VCSE network, LBH SMN
3. Support to Homerton population health programme to engage clinical teams with a similar project

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Thinking about addressing health inequalities can feel overwhelming…

We want to embed a clear process to help…

1	2	3	4	5
Bring the right people together	Collate data & insight to identify need	Use different 'lenses' to review the pathway or programme area to generate change ideas	Go through a prioritisation process to identify key change ideas	Implement, test and learn.