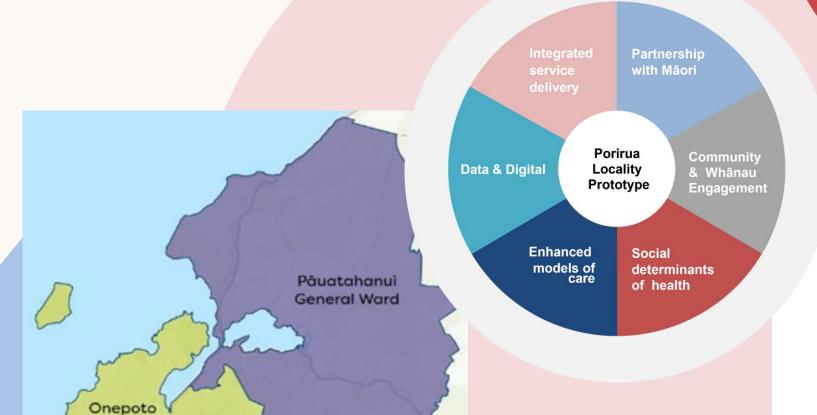
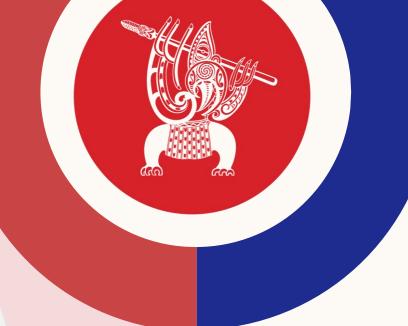


TE WĀHI TIAKI TĀTOU



General Ward



First localities The first areas to roll out the locality approach are the nine areas highlighted below. These areas have been identified based on agreed parameters and criteria. ŌTARA / PAPATOETOE HAURAKI Total population: Total population: % Māori: 24% % Māori: 14% % Pacific: 23% 42% % Pacific: EASTERN BAY OF PLENTY TAUPŌ / TŪRANGI Total population: % Māori: 49% Total population: % Pacific: 4% % Māori: 31% % Pacific: WAIROA 3% 14k Total population: WHANGANUI % Māori: 64% % Pacific: 3% Total population: 63k 27% % Māori: HOROWHENUA % Pacific: 4% Total population: **PORIRUA** % Māori: 27% % Pacific: 7% Total population: % Māori: 23% % Pacific: 28% WEST COAST Total population: % Māori: 16% % Pacific: 2%

Te Wāhi Tiaki Tātou - a supportive, caring place

Porirua City is a vibrant, young city and a great place to live.

61,900 people live in Porirua



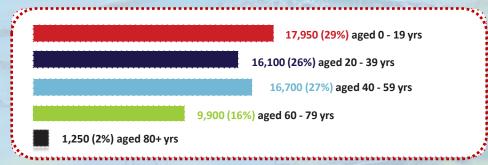
82% of people said they have a great quality of life living in Porirua

3,700 (6%)live with a disability

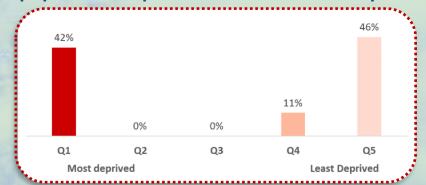
13,800 Māori (22%) 16,100 Pacific (26%)

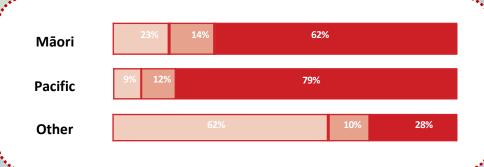
32,000 Other (52%)

Our city is diverse and young



Our population experiences both ends of deprivation Māori and Pacific people are more likely to live in areas of high deprivation





MAURI ORA MODEL

The Mauri Ora model was developed from four cornerstones of health & well-being:

• Whānau: Family Support

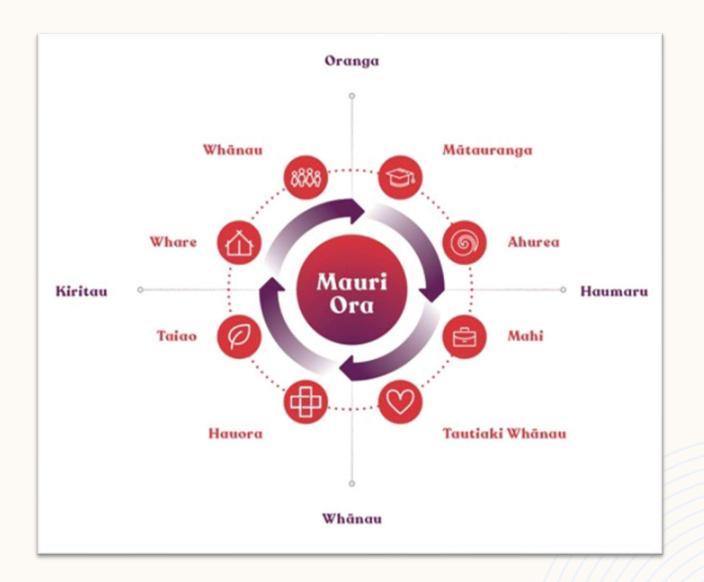
• Kiritau: Self-Respect / Self-worth

Oranga: Health & Wellbeing

• Haumaru: Safety

In addition, eight pou surround these cornerstones.

When all four indicators are achieved through the support of one or more of the eight pou, well-being is fulfilled.



LISTENING TO OUR COMMUNITY









Disabled People

"Safe housing and affordable healthy food."

"Learning to look after myself and not being dependent on WINZ, Kainga Ora, and Secondary Services."

"The right health and social services delivered in the community. More access to clinical services that will work alongside Iwi, Māori, NGO's, Community Providers."

"More services that are iwi-led."

"Being supported to live my best life and to be informed of my options and information to support my total wellbeing for myself and my family."

"Getting the best care for my health but also being included as part of the decision making. Often doctors and specialists tell me what I need, without giving me options to allow me to decide."

"Being able to remain in my community and live amongst my whānau and people is important. I don't want to have to move away or be cared for outside of my community. Staying in my community but getting the best care and treatment I need."



Kaumātua/ Elderly



Ngāti Toa and Māori

"Accessible, affordable and culturally appropriate healthcare is important to me and my whānau. Our health care needs to be focused on our needs as a whānau."

"Wait times are too long to see a doctor. I also want to see more focus on Rongoā Māori. There is so much racism in our healthcare."

"Our health needs include affordable housing, kai and transport, not just getting to the doctor."

"Going to the dentist is too expensive. I don't even know how to access free dental care for my tamariki"

"We need Pacific models of care. Our health and wellbeing is influenced by our family and our support network. Having doctors and nurses who understand this would be great."

"The cost of health care is too high and wait times are too long. If I'm sick today, I don't want to go to the doctor next week."

"Affordable housing and food is needed. So is easy access to transport so I can get to the doctor when I need to go."

"We need support for everything, not just healthcare. Housing is really bad in Porirua."



Pacific



Rangatahi/ Young people

"I need someone to talk to when things are getting too tough for me. Just having someone to talk to helps me to get through things."

"Healthy kai is really important. I'm a student and I want to eat healthy but I can't afford it."

"I stress about school, finding a job, and supporting myself and helping my family. We need more services like the 502 in Porirua."

"Free contraception would be good. And advice on stuff about sex. Everyone starts having sex really young these days."

"I need a safe place to live and to be feeling well within myself. Being stable within myself and making sure my daughter has everything she needs and feels loved."

"Being able to afford everything me and my whānau need. Being able to access doctors and things when needed (time, money transport)."

"More knowledge about what is available to us. Healthy food is so expensive. It's hard to look after myself and my baby."



Hapū Māmā/ Pregnant women



"Understanding how to access services in Porirua. Services don't work together and its hard to know where to go."

"Language is the biggest barrier for me and my family. I spend a lot of my time acting as a translator for my parents because services can't speak directly to them and don't understand the differences in our cultural beliefs."

"Housing, employment and a good education for my children is a priority. Living in a safe area where my children are safe is important."

"Mental health support for trauma is important."

"Being able to live the life we want so that we can enjoy the things that are important to us and help keep us well and happy."

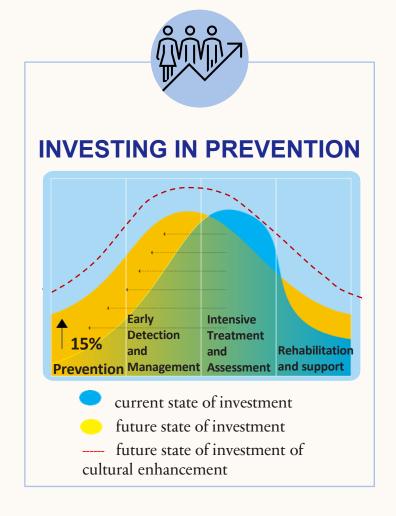
"Good health - mental (feeling happy, content and safe) and physical (able to be active, care for my family and independent."

"Being healthy and able to see a doctor and not having to wait 6 weeks."

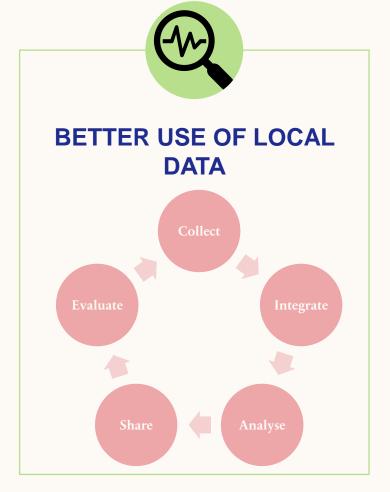
"Being registered with a local provider that is part of the regional sector, with guaranteed tenure. Knowing that my adult children and my grandchildren have the same access as me."



FUTURE POSSIBILITIES FOR TE WÄHI TIAKI TÄTOU







PĀTAI MAI